

PLWC NEWS

APRIL 14, 2026

VOL.1, NO.3



1ST PLWC PEACE GAMES MIGRATE TO KITALE, KENYA!

Every year in August and December there is a great migration of wildlife from Kenya to Tanzania, and then back again to Kenya. The Great Migration is the ever-moving circular migration of over a million animals across the Serengeti-Mara ecosystem and is one of the wonders of East Africa. Around August of 2025, we decided to move the first PLWC Peace Games, originally scheduled

to be held in Arusha, Tanzania - the Capital of East Africa, to St. Joseph's high school in Kitale, Kenya. This migration of this first ever Peace Games event proved to be foresighted as Tanzania went through a tumultuous election season which ended up shutting the whole country down as riots broke out all over the country. (continued in.. GAMES page 3)

A promotional poster for the '1st PLWC Peace Games Migration'. At the top, it says 'Kitale, Kenya' in a red box. Below that is a logo featuring a green elephant head inside a circle. The word 'PEACE' is written in large, bold, red letters. Underneath 'PEACE' is the phrase 'Games Migration' in a red, cursive font. The background of the poster shows a herd of elephants in a savanna. At the bottom, there are three small images: a person in a red jersey, a person in a white jersey, and a group of people. Below these images, there is text: 'Invitation to Men's players to come play with Africans in African 7's', 'Invitation to Women to play with Africans in NCAA rules 12 a side', 'PLWC East African Select Games & World Wallball Championships', and 'Tours Lacrosse Africa from Jan 5-10 to the East African "Cities of Lacrosse"'. The dates '27 DECEMBER, 2025 - 5 JANUARY 2026' are prominently displayed. At the very bottom, it says 'Contact Us!' followed by a phone number '508-615-3071' and an email address 'plwc.dlegmail.com'.

PLWC PEACE Games in Kitale
Dec. 27, 2025-January 5, 2026

RUKIA ALI LED THE PAN WOMEN WITH 10 POINTS!

RUKIA ALI & MASINDE MULIRO LAX

Serving as the men's coach for Masinde Muliro University of Science and Technology, Rukia Ali was named the Managing Head Coach for the PLWC Peace Game's Pan team. Taking third place at the first ever PLWC Peace Games in Kitale, Kenya in all categories, Rukia demonstrated outstanding skill and leadership as both a coach and player as well as a true developer of the game. As a PLWC Scholarship Candidate, accepted and offered an academic scholarship to Anna Maria College in Paxton, Massachusetts in the USA, Rukia hopes to join Africa's first NCAA lacrosse recruit (Christine Ijawet) on the field in the Spring of 2027. Because of Rukia's leadership, Masinde Muliro University has also been named as the host for the second PLWC Peace Games from Dec. 28, 2026-Jan. 5, 2027 as well as for the Mumias Area Regional Select Games on April 26, 2026.

PAN MAKES ITS PRESENCE FELT AT THE PEACE GAMES



Each of the four PLWC Peace Games teams (Pan, Parrot, Zee and Cezar), are comprised of selected u20 and over 20 players from the four countries in East Africa developing lacrosse (Uganda, Kenya, Tanzania and Rwanda), and they compete at four levels of play: The u20 girls & u20 boys East African Select Games compete in the African 7's "skills" discipline, while the Men's and Women's Exhibitions showcase the African 7's full contact game and Women's NCAA 12 a side discipline. (Pan (North) - BLUE; Parrot (East) - RED; Zee (South) -YELLOW; Cezar (West) - GREEN).

AIKO MILTON OF WEST NILE LAX

One of the originators of the African 7's discipline of lacrosse, Aiko Milton is also the founder of the West Nile Lacrosse program. Based in Arua, in the northwest region of Uganda, West Nile Lacrosse extends into six communities around Arua as well as across the border into Aru in the Democratic Republic of the Congo or DRC. (Continued in ...MILTON. p.14)

CHUKUMA CHRISTOPHER OF MOYO LACROSSE

Chukuma Chris is one of three brothers who together founded the Moyo Lacrosse Program in the norther part of Uganda. Close to the border of South Sudan, Moyo Lacrosse was planted and is poised to expand the game into the northern regions of Uganda and into S. Sudan as it develops its five Moyo Youth Lacrosse academies.



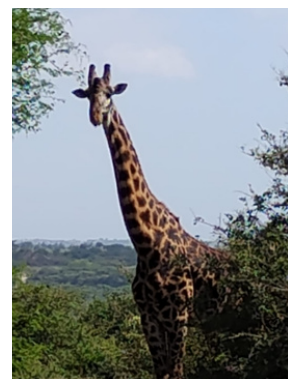
OBOTO FRANCIS OF THE GOLDEN ROCKS LIONS

Oboto Francis is one of the most dedicated youth lacrosse coaches in East Africa. Co-Founder of the Golden Rocks Lions youth lacrosse academy (2020) Oboto has dedicated his life to helping kids in some of the most at risk areas of Kampala, Uganda learn skills in lacrosse that can offer them opportunities in life. Known for his dedicated focus on skill development, Oboto has mentored and developed one of the best youth lacrosse academies in East Africa, carving out kid's character as a master-craftsman carves stone, which as a metaphor, shapes his dedication to shaping the "Golden Rocks".



MIGRATION OF THE PEACE GAMES "TOURED" LACROSSE AFRICA!

(continued from GAMES page 1..) The move however allowed the first PLWC Peace Games to be founded at a great location, with fantastic hosting and hospitality offered by St. Joseph's High School in Kitale. Serving as a demonstration of exceptional leadership, the East African lacrosse community coaches and leaders, as support funds were delayed by banking processes, supported the game's inauguration through the trust and love that permeated over the more than 100 volunteers who participated in managing the shared event. Over 300 of the top u20 player-recruits from the 26 participating youth lacrosse academies traveled across the four countries of East Africa to compete in the PLWC Peace Games.





CHINESE LACROSSE PLAYERS TRAIN IN BOSTON TO COMPETE IN THE 2025 WORLD WALLBALL SERIES

By banging the ball on the wall outside of Dicks Sporting Goods at the Prudential Center, Chinese youth from Newman School in Boston prepare for the World Wallball Series 2025 Championship Competition. The World Wallball Series is comprised of three parts: the Challenge, the Contest and the Championships. To participate, players first embrace The WWBS Challenge - which involves taking one minute videos of at least five and as many as ten isolated skill building wallball exercises. Each exercise isolates an essential skill for lacrosse and the challenge is to record the number of strikes on a wall in a minute. The challenge exercises were developed with a youth test group over a seven year period (2011-2018). (WWBS continued on page 15)



— LAX MISSIONARIES BRING STICKS TO BUKEDEA —

Nicholas Emachar, a Head Coach for the PLWC Peace Game's Cezar Team and the second PLWC Scholarship NCAA Recruit (in both American Football and Lacrosse) now attending Anna Maria College in Paxton, Massachusetts, joined Christ's Commrades' Apostolos Youth Lacrosse Academy leader Kyakulaga Mohammed Benjamin in a lacrosse stick giving mission to Ifamile Emu Children's Ministry in Bukedea, Uganda. Teaming up with two other members of the Christ Commrades ministry, the four traveled to bring 24 lacrosse sticks to one of the founding youth lacrosse ministries of Uganda, which had over time lost virtually all its equipment. The trip led to the further development of worship and evangelism being included in the 2025/26 edition of the PLWC Peace Games. Through the leadership of Kyakulaga Benjamin (aka. Benji), worship leaders traveling with him and Nicholas to Bukedea were invited to join the Peace Games, offering opportunities for worship on the field of play as well as at special Sunday morning services. The effort to honor "the Creator" through the 2025/26 PLWC Peace Games fostered a spirit of unity and peace throughout the week, encouraging reconciliation quickly as well. Mukono is in the center of Uganda and thus serves as a natural hub for the shipping of equipment and lacrosse gear to support the youth academies across Uganda. (cont. BENJI pg. 10)

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OFFICIATING AFRICAN 7'S & WOMEN'S 12 PLAYER

Developing officials for the African 7's discipline of lacrosse (an exciting Indigenous lacrosse format created in Uganda and codified in Kenya in 2023 that models a full field version of the game that by isolating the number of players to 4 v 4 per side, is great for recruiting) as well as for the introduction of the NCAA formatted 12 player women's game, is the important task facing the newly formed PLWC Peace Games Officiating Team. With African 7's being utilized as the principle format for the recent East African u20 Select Game events hosted at the annual PLWC Peace Games in December and January; as well as for the eight u20 Regional Select Games in March and April of 2026 taking place across East Africa, and at the PLWC Cities of Lacrosse - Exhibition Games this September through December, the two formats uniquely offer the opportunity for Africa to showcase its potential college recruiting talent. With most African national and high school programs focusing on the SIXES discipline of lacrosse, a simplified version of the game modified for its Olympic entry in 2028, it has created a need for greater lacrosse IQ to be added to development models of the game as it emerges in Africa. To help the African continent stay relevant in the sport, players are able to learn about the positioning and strategies of transitional play involved in the full field versions of the sport through the PLWC Peace Games and the supporting u20 Regional Select Games and City Exhibitions in African 7's. And as officials develop in East Africa in the SIXES formats of the game, the PLWC Peace Games, supporting the PLWC scholarship program, hopes to help African talent gain the opportunities to play in NCAA programs in the US by helping its players learn the fundamentals of lacrosse through the African 7's and NCAA Women's 12 a side disciplines of lacrosse, with potential career development opportunities for officials attached to learning the African 7's as Women's 12 a side games.

AKENA FRANCIS - HEAD OFFICIAL

Akena Francis of Uganda, the Head official for the 2025/26 PLWC Peace Games held in Kitale, Kenya, is traveling with the PLWC Regional Select Games - Officiating and Production Support Team to the Cities of East Africa in March and April of 2026 to help train local officials in both the African 7's game format as well as in effective game stat management. Africa's rising youth talent needs a way to showcase itself to college programs in the US in need of player's meaningful information, and the PLWC Regional Select Games are offering a way for both recruits and college coaches to get what they need. Through the efforts of Akena Francis and the PLWC Peace Games Travel Program, East Africa's players will be better able to be discovered for college opportunities with US programs.



Akena Francis with leaders from Kenya and Rwanda



PARROT WINS THE GOLD IN U20 BOYS LEVEL AT THE FIRST PLWC PEACE GAMES

PAUL SHIOSO & OUTLANDERS LAX

Hello, my name is Paul Shioso, head coach and the managing coach of the PLWC Peace Games Parrot team. I am also a leader of PLWC Nairobi region in Kenya.

I've been playing lacrosse for six years from the year 2019 to present day. I was the founder of Lacrosse as a sport in Kenyatta University where I created the Outlanders Lacrosse Program in September 2024. I have been honored to take part in the campaign to spread lacrosse in high schools and Universities across the Nairobi Region and I am glad to have joined the PLWC family.



PARROT TAKES SILVER IN WOMEN'S 12'S & GIRLS U20

At the Women's 12 a side competition at the First PLWC Peace Games, separated by only one goal against the Cezar Women's team in both the preliminaries (4-3) and then again in the Championships (3-2), the Parrot Women nearly tied the Cezar team in overall placement - which would have sent the first ever PLWC Peace Games Championships into a special playoff with short games at all levels. Marion Jebet Lelei, second in points and leading the Women's Exhibition 12 a side games in assists (4g, 8a) nearly pulled off the miracle win, with her girls just falling short in the Women's Championship Game. The U20 Parrot girls also fell to the Cezar U20 girls 6-2, while the U20 Parrot boys took home the gold with a an exciting 3-1 victory over the Zee Team in "one of the best games of the whole Peace Games". The Cezar team claimed the overall Peace Game Championship Prize, while Head Coaches Paul Shioso of the Outlanders and Marion Jebet Lelei of Kibabi University from Kenya along with Mukaga John Brian of the Busia Rhinos and Owere Chris of the Navy Seals in Uganda coached the four Parrot Teams to an exciting Silver Medal Finish.

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THE PLWC LEADERSHIP SCHOLARSHIP AND SUMMER PROGRAM

The PLWC Scholarship Program focuses on student leadership and community development using the game of lacrosse as its unifying activity. Young East African student leaders are being given a global stage as well as an opportunity for education in the US through the Peace Lacrosse the World Campaign's Scholarship Program. The PLWC Scholarship program starts to identify player leadership potential at the uzo Regional Select Games taking place from April through May at eight different regions across East Africa. From these games selected student leaders advance to the East African uzo Select Games in December, which alongside Men's and Women's exhibitions are part of the PLWC Peace Games. From there players can advance to the PLWC Summer program, which then helps them become PLWC Scholarship candidates. Currently there are three PLWC Scholarship Candidates (cont. SCHOLARSHIP..page i6)



ST. JOSEPH'S HIGH SCHOOL IN KITALE, KENYA WAS A GREAT VENUE FOR FIRST PLWC PEACE GAMES!



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PEACE GAME AWARDS HONOR REGIONAL SELECT GAMES

Uganda's Mukaga John Brian, the Director of the PLWC Travel Program, is on a mission to make sure that the players who were selected for the 2025/26 PLWC Peace Games in Kitale, Kenya, each are honored with their personalized PLWC Peace Games Jerseys as well as their certificates of participation in the Games along with any awards they might have achieved. Traveling to each of the ten PLWC Regional Select Games taking place over eight weekends in April and May in eight regions in East Africa, Mukaga is helping raise up the local leaders in each area, while helping equip them to develop good college recruits. As a member of Uganda's Men's 2023 National Team that traveled to the US, as well as its 2022 u20 team that traveled to Ireland, and selected as a representative to Asia, Mukaga has visited four continents that the PLWC Peace Games hope to include over time.



CEZAR'S EMACHAR NICHOLAS STARTING UP AN AFRICAN BOX LACROSSE CLUB!

While an African Box lacrosse club sounds something like a Jamaican Bobsled team - the game makes sense for Africa's development, just as it has for Native America. Box lacrosse is the best discipline for preparation in the Olympics. The Olympic SIXES format of lacrosse has basically translated Box lacrosse onto the field, while expanding the goal size. While in Uganda, Nicholas Emachar was one of the few lacrosse players to play in the developing box lacrosse program. The idea of an African Box lacrosse club is to use the summers, the PLWC summer program, to bring players to the US as part of an Olympic development of the game.

PLWC PEACE GAMES PERSONALIZE JERSEYS!

As lacrosse is developing in East Africa, most lacrosse players use jerseys that have been donated to a team or program. However, for the PLWC Peace Games and the development of both the East African and Regional u20 select levels of play, it has become important to help players be better recognized. Thus, the PLWC, with the help of Abel2Graphics, have developed player showcase jerseys.



The Peace Game Jerseys have the select player's name, youth academy and number - so the player is able to be easily followed in both stats and video. The jerseys are being awarded to PLWC Peace Game players at their Regional Select Games, which will give each player a jersey to also play in fall City Exhibition games, and to have their stats recorded.





THE ZEE TEAM WINS THE MEN'S EXHIBITION LEVEL

SHARON KWALANDA OF THE ZEE TEAM SUCCESSFULLY DIRECTS THE FIRST PLWC PEACE GAMES ALONG WITH THE EIGHT 2026 REGIONAL SELECT GAMES

Sharon Kwalanda was part of the Kenyan National program in 2016 as the sport of lacrosse was emerging in Kenya. She moved to the Mumias area in 2023 and participated in the first PLWC East African Championships while helping the FCA lacrosse program develop their outreach to the youth and community in the area. In 2025 she was the only Kenyan to bring Regional Select players to compete in Tororo, Uganda in the first PLWC Regional Select Games that year from which she was named to direct the inauguration of the 2025/26 PLWC Peace Games and the PLWC Regional Select Games taking place across East Africa, April - May, 2026.



AND TAKES SILVER WITH THEIR U20 BOYS!

The Zee Men's full contact exhibition team was dominant in the African 7's contests at the PLWC Peace Games. The closest any Men's team came to matching them was Pan's 7-6 loss in the Preliminaries. In the finals, the Zee Men dispatched the Cezar team 7-4 to claim the Gold. It was thus no surprise that the Zee u20 boys team was anticipated to win in the matchup against Parrot in the U20 Boys Championships. The Zee coaches, led by Uganda's Veteran lacrosse player and coach Nsubuga Faisal, was poised to give Zee a clean sweep of both the boys u20 and Men's levels of play. However, in what was perhaps the most exciting matchup of the Peace Games, next to the Women's Final, Veteran Ugandan coaches Owere Chris and Mukaga John Brian, calmly led their u20 boys onto the field to face Zee's u20 giants. Many of Zee's players had come from the Mukono Vikings program, while the Parrot boys were Navy Seals and Busia Rhinos as well as players from the Mumias area, so they knew one another from several contests over the past few years in both Uganda and Kenya. It was the Navy Seal's Junior Trevor who scored first to give Parrot the advantage and to show everyone there that the Parrot's U20 boys were not backing down. The battle was tense, with the ball moving up and down the field quickly as both teams postured for an advantage. Shots on goal were miraculously saved or just missed their mark.... (Cont. ZEE u20 Pg. 10) P L W C . D L @ G M A I L . C O M

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(Cont. from ZEE U20pg. 7) Time outs were used and strategies were made to try to gain an upper hand in the highlight game of the African 7's discipline. Parrot went up another goal before Zee managed to score, which added the drama of a comeback to the game. Yet Parrot managed to defend their lead, by managing the clock. Posting up one more goal before the final whistle was blown, the game ended 3-1 in favor of Parrot. Along with the game, what was interesting for so many players as well as for both coaches and fans, was the use of the African 7's discipline at both the boys and girls u20 levels as well as at the Men's Exhibition level, with full gear used in just the men's games. The u20 skills games as part of the inaugural PLWC Peace Games, proved that the African 7's format was a true winner as both a way to feature the skills as well as athleticism of the African athletes, as well as a way to train the "Lacrosse IQ" needed to develop as a serious recruit for college play. The Parrot vs. Zee matchup also demonstrated that the coaching in East Africa is developing as well!



NSUBUGA FAISAL OF MUKONO'S VIKINGS

The most accomplished lacrosse player in all of Africa is a quiet and gentle coach and family man who guides his players with the patience and precision that the game has developed in his life. A three time World Championship player for Uganda (2014, 2018, 2023) Nsubuga



Faisal has had the opportunity to meet the great players of the game, such as Jeremy Thompson, the celebrated leader of the Haudenosaunee, who is ironically his same age. In addition to leading the Zee team, Faisal serves as the Head Coach for the Mukono Vikings as well as with the Uganda Lacrosse Association as the Director of Youth Development as well. He will also be the host for the final Regional Select Game May 23.



(BENJI continued from page 4...) Music Equipment for the Christ Commrades ministry as well as supplies for the Peace Games were combined together as lacrosse balls for the Peace Games were packed and transported through the hollows of two guitars, donated to support the ministry's music team. The balls were essential for the facilitation of the games while the guitars were essential for the facilitation of the spirit of the games. The Peace Lacrosse the World Campaign itself was rooted in a reconciliation project initiated in 2005 called the Jerusalem Project, which brought together Palestinian Muslim, Israeli Jewish, American Christian and Native American Youth in a Reconciliation effort that utilized the game of lacrosse as a unifier. If the world had only listened to the youth of the Jerusalem Project in 2005 and 2006, things could be different today.



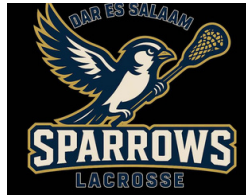


MUSSA OMAR KIRANGA OF TANZANIA'S SPARROWS

Mussa Omar Kiranga (age 26) was born and raised in Mapinga, Bagamoyo, Tanzania and is currently based in Dar es Salaam. He holds a Master's degree in Pure Chemistry and Forensic Science, which are qualifications that underpin his analytical approach to leadership and community work.

Mussa is a dynamic young diplomat, youth mobilizer, and sports entrepreneur. He founded the Sparrows Lacrosse Academies Tanzania, a youth-centered sports movement that develops athletic skill, leadership, and life-skills among young people across Tanzania. Under his guidance the Sparrows academies have grown into a network of regional teams and international partnerships, creating meaningful opportunities for players and coaches.

Alongside sports, Mussa runs the Musa Care Foundation, an organization dedicated to mentoring students and supporting their academic and personal development. His work blends mentorship, community organizing, and practical support—helping learners access education and life-changing experiences.



EUGINE SHIGAMI AND KIBABI LAX

Eugene Shigami of Kibabi University in Kenya is not only a great lacrosse coach, but is the kind of leader that knows how to pull things together. Stepping in to serve in the places of the greatest need, Eugene filled the holes that helped to insure that the first PLWC Peace Games were not just a vibrant success, but a testimony of love. Rallying the members of Kibabi University with his servant leadership style, as well as those from the Barnabas Church ministry, Eugene was glue that helped the different groups learn to stick together.



Known for his sociable, driven nature, Mussa combines formal scientific training with a commitment to diplomacy and youth empowerment. His vision is to use sport, education, and civic engagement to build stronger communities and open pathways for the next generation of Tanzanian leaders.

TANZANIA SPARROWS LACROSSE

BAGAMOYO

DODOMA

TEMEKE - DAR ES SALAAM

TANANYIKA

LOYOLA





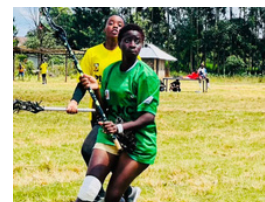
INTRODUCING TEAM CEZAR THE 2025/26 PLWC PEACE GAMES CHAMPIONS NANDWA MOSES & MAKUNDA FCA

I am Nandwa Moses, Player/Coach from Kenya. I was happy and humbled to have been named Head Coach and Manager of Team Cezar for the 2025 PLWC Peace Games. I have been playing and coaching lacrosse for the last five years; my journey started at Kibabii University in 2021.

In 2024, I led Kibabii University as their Head Coach to win the very first East Africa Universities Championship for both the men's and women's teams. Currently, I play a key role in organizing activities that aim at growing the sport of lacrosse in Kenya, as well as Coaching and Managing Makunda FCA Lacrosse Academy based in the Mumias Region (Kenya). I am the coordinator for the PLWC Mumias Region (Kenya).



BOTH CEZAR WOMEN & U20 GIRLS TAKE HOME GOLD!



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THE WOMEN TAKE GOLD, CEZAR MEN'S EXHIBITION TEAM TAKES HOME SILVER!

The Cezar Team was awarded the first PLWC Peace Games Championship trophy after sweeping the women's u20 and 12 a side Women's Exhibition competitions as well as taking second in the men's African 7's exhibition level of the Peace Games. Emachar Nicholas, Lillian Amoiti, along with Nyakanna Douglas of Uganda and Diogene of Rwanda coached the Cezar Team to the PLWC's first Peace Games Overall Championship at St. Joseph's in Kitale, Kenya.



DIOGENE HAHIRWUHORASENGA OF HOME LAX

Hello, I am Diogene HAHIRWUHORASENGA from Rwanda, I am the CEO and Coach of the Home Lacrosse Program in Kigali as well as a Head Coach of Cezar Team, which competed in the PLWC Peace Games in Kitale, Kenya. As a Family Member of the PLWC in Rwanda, our vision is to build a lacrosse community in Rwanda that champions youth empowerment, fosters peace through sport, and develops leaders on and off the field. Our goal is to use lacrosse development to empower players, build our communities, and promote peace, lacrosse the world through our efforts. Thank you for your interest and support of these games and purposes through them.



The National Collegiate Athletic Association (NCAA) is the sanctioning body for school sponsored athletics competing at the collegiate level, such as lacrosse. Athletes competing in the NCAA participate in one of three levels - Division 1, Division 2 or Division 3. Division 1 awards the most athletic scholarships, while Division 2 is more restricted in the scholarships they can award on their team. Division 3 cannot award any athletic scholarships, thus D3 student

AFRICAN WOMENS PLAYERS LIKE CHRISTINE IJAWET COULD CHANGE THE GAME!

athletes who cannot pay for college on their own are either supported by financial aid awards or by academic scholarship awards, or a combination of the two. The NCAA D3 Women's Lacrosse Association of teams is the largest association of lacrosse programs in the world, with the NCAA Men's Division 3 level following it. Both associations have almost 300 lacrosse programs participating in US colleges. However, Africans, who typically do not have the financial resources to pay for college in the US due to the dramatic differences in global economies, are not eligible for US state or federal aid programs. This is why there are so few African or African-American players in the game of lacrosse. But there are players like Christine Ijawet of Anna Maria who could effectively change the game if Africans were more able to participate. However, the actual financial structures prohibit the sport, and its economy, from developing across the world. Players like Christine Ijawet, of Uganda, are possible game changers (cont CHANGE..pg 15)



(Continued from MILTON, page 3)...In addition to founding the West Nile Academies, Milton also founded East Africa's Annual Easter Games and developed a special season opening model as a result. In 2021, Milton took his West Nile players up to neighboring Youth Academy Moyo over Easter Weekend. Playing games between the programs for the prize of a goat, which the winning team slaughtered and ate on the spot, Milton established the annual tradition that has emerged as "the event" that opens up the spring season for East Africa. The Annual Easter Games along with International Women's Day, provide the opportunity for the East African Youth Lacrosse Academies to bring their kids together for what amounts to the beginning of a new year of lacrosse. Milton, as a Youth Academy founder, possesses the unique skill of creative origination, which he applies through photography of the Youth Lacrosse Academies of East Africa. As a Director of Photography with the PLWC Production team and as the Director for the Production of the Regional Select Games, Milton has created a number of the banners on social media platforms that have been shared across the world. Thus, "the Creator's Game" takes on a special meaning with Milton.



GO ON A SAFARI AFTER THE PLWC PEACE GAMES IN JANUARY AND TOUR LACROSSE AFRICA

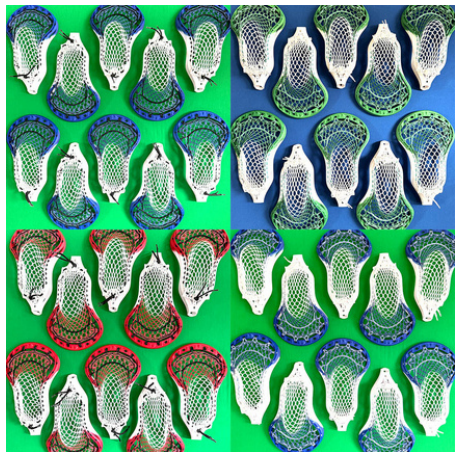
East Africa is beautiful in December and January, so for those wishing to enjoy its great weather, we would like to give a great reason for you to visit Kenya and Tanzania during the return of the great migration. The 2026/27 PLWC Peace Games, would allow you to fly into Nairobi any time after Christmas, heading to the Mumias area around December 28th through January 5th for second edition of the Peace Games, which are scheduled to take place at Masinde Muliro University of Science and Technology (MMUST) in Kakamega Town, Kenya. Access to the Mumias area from Nairobi is easily managed with a short 45 minute flight from Nairobi to Kitale, where you are welcome to visit Lake Victoria, the source of the Nile River. Travel to the Mumias area is also possible by car across the Great Rift Valley, which is Africa's version of the Grand Canyon. While in Nairobi, its easy to go on a day Safari in the Nairobi National Park, which can even include a visit to the famous Elephant Orphanage on the park's grounds. East Africa's lacrosse community are great hosts and companions for what might be an adventure of a lifetime. For those wanting more, longer safari's can be arranged after the PLWC Peace Games with tours into Tanzania's Serengeti and/or across Kenya easily set up.

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The PHANTOM ONE - Lacrosse stick head was engineered over ten years to perfection by Mike Hazy, who was seeking a way to create a better entry experience for new players in the game. Every stick “out of the box” is personally strung by Michael so that they offer a customized experience that makes players excited to try the game. The PLWC has been testing the PHANTOM ONE for the past year with experts as well as beginners, and every person who has tried the PHANTOM ONE stick has said the same thing - it is perfect! The Phantom company has offered the PLWC a special offer to help East Africa enter the game by getting the PHANTOM ONE heads to the Youth Academies in packages of 40, with 10 of each stick dipped in one of four different colors to allow them to be used on teams as well. (cont. next pg)



Supporting 40 stick heads for a youth lacrosse academies in East Africa costs just \$1500. To help, contact: plwc.dl@gmail.com



(Cont. from CHANGE, page 13...) not only in the games themselves (Christine made the All-Rookie team her freshman year for her conference), but with just a little support, could change the sport from being the most exclusive sport in the world, to one that could become a way to bring the world together. With the academic motivations of the lacrosse community focused in the financial industries, which many of the collegiate lacrosse fraternity assimilate into, by playing at a US college program, Africans could become part of both key economic and cultural connection points in the world. The resources for African participation in NCAA collegiate lacrosse programs have to either come from the schools themselves, through academic or athletic awards, or via school based financial aid, which is naturally limited (as college programs cannot economically offer everyone “full-rides” for simple participation). But, Christine Ijawet, as the first PLWC Student Leadership Scholarship recipient, was also awarded an academic scholarship as well as Financial Aid by Anna Maria to support her nursing degree. Thus, she is changing the game with the PLWC.

(Continued from WWBS page 4)...The test group, comprised of both Chinese and American children, was used to develop the idea that helping kids learn how to train their own skills builds a solid foundation for both lacrosse development as well as in life. Called the “Patriot Training Club” the free weekly training model developed into a foundational model for the development of lacrosse in East Africa, where its methods were invested into programs like the Golden Rocks and expanded throughout East Africa through the PLWC. Developing the training of skills from the wall to the field, was a central goal, as a player’s skill development is one of the things that a player has control of and it is the essential thing needed for college recruiting considerations. As the World Wallball Series (Challenge, Contest and Championships) expand each year, it is hoped that the opportunities for young players around the world will follow as both their work ethic and skills get rewarded with opportunities.



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(Cont. from PHANTOM ONE..pg 15)
Equipment, and in particular lacrosse sticks, are the number one issue limiting the development of the game in East Africa. But Mike and the Phantom company have created a real solution by helping the PLWC in its equipping efforts. Individuals, groups or clubs can help by sponsoring a single stick head for an East African youth player (\$50) or ten for a youth Academy (\$500), which includes shipping by air to the academy or individuals. Groups can also sponsor a 40 head package for \$1500, which does not include shipping, but which the PLWC will sponsor by including the heads in its Equipment Drive as a part of the items being packed on a pallet of equipment being prepared to be shipped by container to each of the different youth academies in East Africa. Lacrosse sticks, being the most important piece of equipment for any player, are a priority to get to the East African academies. Thus, it is great news that we are now able to get great stick heads into the hands of the kids in East Africa. Contact us if you would like to help the PLWC "Give a Stick" by either whatsapp (508-615-7031) or by email: plwc.dl@gmail.com.



US Lacrosse - Massachusetts President and Worcester United Lacrosse - Change the Game Founder, Lakisha Carpenter Papoutsakis, made an impact in Kitale, Kenya at the PLWC Peace Games. Bringing a marked enthusiasm and exciting expertise as an NCAA D1 Lacrosse player from Hofstra University to East Africa, Lakisha inspired every player at the PLWC Peace Games with her vibrant personality, lacrosse IQ an message of hope, which she has even branded as a "Winning Mentality" (WM) that can be shared by any who will believe. Having played at the game's highest level and having raised a daughter who is currently doing the same, Lakisha is offering the development of East Africa the greatest gift that the coaches and players could receive - which is a pathway into opportunity and the encouragement along the way to keep going and to keep believing as keys to developing one's Winning Mentality (WM)!

(Cont. SCHOLARSHIP page 7...) from Kenya working on their F1 Visas (Sharon Kwalanda, Rukia Ali and Marion Jebet Lelei). These three hope to join the two PLWC Scholars currently enrolled as NCAA D3 College lacrosse players from Uganda studying nursing at Anna Maria College in Paxton, Massachusetts. (Christine Ijawet entered in 2024 and Nicholas Emachar entered in 2026). The PLWC Summer program is hoping to bring over ten PLWC Peace Games participants to learn from the Coyotes Travel Lacrosse Club, which is a summer travel lacrosse program that profiles player recruits through tournaments and practices, such as George Combs of Shrewsbury, Massachusetts. George and his family are actively involved in helping develop lacrosse at ACE (African Community Education), a Worcester based after school program serving the African Refugee community and have visited Nairobi, Kenya and its PLWC Leadership there to help set up the PLWC Summer opportunity.



PLWC PEACE GAMES PARTICIPATING YOUTH LACROSSE ACADEMIES

PAN



PARROT



ZEE



CEZAR



OTHER EAST AFRICAN ACADEMIES





MMUST



FCA MUMIAS



KIBABI



FCA MAKUNDA



**BUNGOMA
POLY**

JOGA

NAIROBI



OUTLANDERS



**DAR
SPARROWS**



**TANZANIA
SPARROWS**



VIKINGS



**MOYO
LACROSSE**



**AKWEDRIKU
LACROSSE MOYO**

**NORTHERN
ELVES**



**BLACK RHINO
LACROSSE ACADEMY**

**BLACK
RHINOS**



**MOUNTAIN
BUFFALOS**



**LOGOBA
LACROSSE MOYO**

**LOGOBA
KEEPERS**



**BUSIA
RHINOS**



**GOLDEN
ROCKS**

PAN

BLUE - NORTH



WEST NILE LACROSSE





**BUSIA
RHINOS**

PARROT

EAST - RED



**NAVY
SEALS**



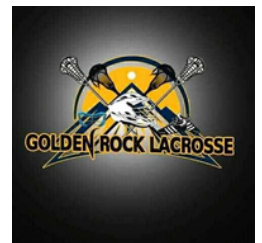
**MUKURU
QWEENS**



OUTLANDERS



**DAR
SPARROWS**



GOLDEN ROCKS



FCA MUMIAS



FCA MAKUNDA



KIBABI



**FCA
MUMIAS**



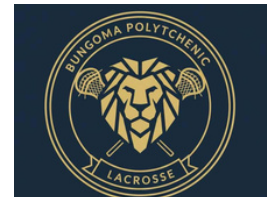
**MUKURU
QUEENS**



MMUST



**FCA
MAKUNDA**



**BUNGOMA
POLYTECHNIC**

ZEE

SOUTH - YELLOW



KIBABI

RHINOS

NAIROBI



SIGALAGALA



**GOLDEN
ROCKS**



**APOSTOLOS
ACADEMY**



VIKINGS



**BAGAMOYO
SPARROWS**



**DAR ES SALAAM
SPARROWS**



**DODOMA
SPARROWS**



**BUSIA
RHINOS**



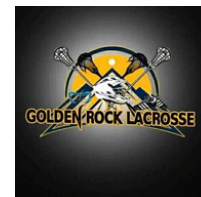
**HOME
LACROSSE**



**DAR ES SALAAM
SPARROWS**



**BUSIA
RHINOS**



**GOLDEN
ROCKS**



**MUKURU
QUEENS**

NAIROBI

CEZAR

WEST - GREEN



OUTLANDERS



**MUMIAS
FCA**



KIBABI



**MAKUNDA
FCA**



MMUST



SIGALAGALA

PLWC PEACE GAMES

EAST AFRICA YOUTH LACROSSE ACADEMY

TEAM REPRESENTATIONS

PAN

WEST NILE LACROSSE (13)
MOYO LACROSSE (11)
-NORTHERN ELVES - 6
-MOUNTAIN BUFFALOS - 1
-KEEPERS (LOGOBA) - 1
-BLACK RHINOS - 2
MMUST(MASINDE MULIRO
UNIVERSITY OF SCIENCE &
TECHNOLOGY (13)
MUMIAS FCA (3)
MAKUNDA FCA (2)
JOGA (4)
KIBABI (6)
BP POLY (2)
VIKINGS (1)
NAIROBI (2)
OUTLANDERS (2)
SPARROWS (4)
TOUR LACROSSE AFRICA (1)
BUSIA RHINOS (5)
GOLDEN ROCKS LIONS (8)
GOLDEN ROCKS LEOPARDS (2)
GOLDEN ROCKS DEER (4)



PARROT

NAVY SEALS (29)
BUSIA RHINOS (23)
OUTLANDERS (13)
MUKURU QUEENS (9)
MAKUNDA FCA (1)
MUMIAS FCA (3)
KIBABI (7)
SPARROWS (3)
GOLDEN ROCKS LIONS (4)



ZEE

MUMIAS FCA (12)
MAKUNDA FCA (5)
MMUST (1)
KIBABI (6)
NAIROBI (3)
APOSTOLOS (3)
VIKINGS (23)
DAR ES SALAAM SPARROWS (9)
DODOMA SPARROWS (3)
LOYOLA SPARROWS (3)
BAGAMOYO SPARROWS (1)
TANGANYIKA SPARROWS (3)
MUMIAS RHINOS (2)
GOLDEN ROCKS LIONS (3)
BP POLY (1)
MUKURU QUEENS (4)
BUSIA RHINOS (3)
SIGALAGALA (2)



CEZAR

GOLDEN ROCKS LIONS (9)
GOLDEN ROCKS LEOPARDS (19)
GOLDEN ROCKS DEER (19)
BUSIA RHINOS (1)
HOME ACADEMIES (12)
MMUST (2)
MUMIAS FCA (11)
KIBABI (9)
NAIROBI (2)
DAR ES SALAAM SPARROWS (2)
MAKUNDA FCA (1)
SIGALAGALA (3)
OUTLANDERS (1)
MUKURU QUEENS (1)

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14. SHOOT 4 LIFE - ELDORET
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TANZANIA YOUTH LACROSSE ACADEMIES

TANZANIA SPARROWS LACROSSE ACADEMIES

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DODOMASPARROWS@GMAIL.COM

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2. TEMEKE SPARROWS (DAR ES SALAAM)
3. DODOMA SPARROWS
4. TANGANYIKA SPARROWS (STARLETS)
5. LOYOLA QUEENS

TOUR LACROSSE AFRICA & ARUSHA LACROSSE

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CALL +255 752 080 922 WHATSAPP +255 752 080 922
EMAIL.TOURLACROSSEAFRICA@GMAIL.COM

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HEAD QUARTERS OFFICE: ARUSHA, TANZANIA



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KIGALI CITY AND RWANDA COUNTRY
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2026 PLWC U20 REGIONAL SELECT GAMES

4 APRIL- DAR ES SALAAM - TANZANIA
ZEE VS PARROT

11 APRIL - NAIROBI - KENYA
PAN VS PARROT, ZEE VS CEZAR

18 APRIL- KIGALI - RWANDA
PAN VS CEZAR

25 APRIL - MUMIAS - KENYA
PAN VS PARROT, CEZAR VS ZEE

2 MAY - MOYO - UGANDA
PAN VS CEZAR

9 MAY- TORORO - UGANDA
PARROT VS ZEE

16 MAY - KAMPALA - UGANDA
CEZAR VS PAN

23 MAY - MUKONO - UGANDA
ZEE VS PARROT

2026 EAST AFRICAN CITY EXHIBITION GAMES

DISCIPLINES:
MEN'S AFRICAN 7'S (FULL GEAR)
WOMEN'S 12 A SIDE
BOX EXHIBITIONS

SEPT 12 - DAR ES SALAAM - ZEE VS. PARROT
SEPT 26 - KAMPALA - CEZAR VS. PAN
OCT. 10 - KIGALI - CEZAR VS. ZEE
OCT. 26 - NAIROBI - PARROT VS. CEZAR
NOV. 7 - TORORO - PARROT VS. PAN
NOV. 21 - MUMIAS - PAN VS. ZEE
DEC. 5 - ARUA - PAN VS. CEZAR
DEC. 19 - MUKONO - ZEE VS. PARROT

PLWC 2025/26 PEACE GAMES TEAM PLACEMENT

	PAN	PARROT	ZEE	CEZAR
MEN'S	3	4	1 - GOLD	2 - SILVER
WOMEN'S	3	2 - SILVER	4	1 - GOLD
U20 GIRLS	3	2 - SILVER	4	1 - GOLD
U20 BOYS	3	1 - GOLD	2 - SILVER	3

OVERALL PLACE 12 -4TH 9 - 2ND 11-3RD 7 - CHAMPIONS

2025/26 PLWC PEACE GAMES STAT LEADERS

FULL CONTACT AFRICAN 7'S & WOMEN'S NCAA 12 A SIDE EXHIBITION GAMES

MEN'S PLAYERS	TEAM	G	A	P	WOMEN'S PLAYERS	TEAM	G	A	P
1.BENJI MULESI (16)	ZEE	30	3	33	1.NAMBAFU REHEMA (23)	CEZAR	14	0	14
2.CHRIS OBONGITA (21)	PAN	25	7	32	2.JEBET MARION (3)	PARROT	4	8	12
3.RENNY GABRIEL (6)	CEZAR	16	7	23	3.SHEILA AMUNGA (20)	CEZAR	7	4	11
4.VINCENT ONYANGI (10)	PARROT	11	8	19	4.RUKIA ALI (11)	PAN	9	1	10
5.ELVIN ASHOME...(19)	ZEE	9	6	15	5.VICTORIA LIME (21)	CEZAR	7	2	9
6.ALEX KORIR (3)	CEZAR	7	8	15	6.VICTORIA NASIMIYU (19)	PAN	3	2	5
7.CEDRICK KIPTOO (11,2)	CEZAR	10	4	14	6.SUBURA ZULAKIA (9)	PAN	3	1	4
8.IDD MLEMBWA (12,22)	PAN	9	3	12	6.NYUMA JOY (17)	PAN	3	1	4
9.PAUL SHIOSO (15)	PARROT	10	1	11	6.IVY ISALAMBO	ZEE	2	2	4
9.SUDI ISMA (9, 39, 27)	PAN	7	4	11	6.ONAYANG LOYCE (4)	PARROT	4	0	4

U20 BOYS & U20 GIRLS - EAST AFRICAN SELECT GAMES

U20 BOYS PLAYERS	TEAM	G	A	P	U20 GIRLS PLAYERS	TEAM	G	A	P
1.YUSUF SADAT (28,22)	PAN	6	5	11	1.SHEILA AMUGA (26)	CEZAR	8	15	23
2.KEN MECHA (35,20)	ZEE	5	4	9	2.REHAMA NAMBAFU (23)	CEZAR	15	2	17
3.MALIAMUNGU ASSA(9,13)	PAN	4	3	7	3.ZAM ZAM SHIRU ALI (28)	CEZAR	7	3	10
4.JUNIOR TREVOR (8)	PARROT	6	0	6	4.VICTORIA LIME (10)	CEZAR	4	5	9
4.ASIANDU PASCAL (24)	ZEE	5	1	6	5. JANE KEMUNTO (26)	PARROT	5	2	7
6.WAMEYO JUMA (9)	PARROT	5	0	5	6.ONANYONG LOYCE (15)	PARROT	4	2	6
6.KELVIN RYAN (7)	ZEE	3	2	5	6.ABABIKO CONCY (15)	PAN	4	2	6
6.IDRISA KIGONZO (21,25)	ZEE	4	1	5	8.SUMAYA NANTONGO(23)	PARROT	3	2	5
9.TAMMIN ABDU (5)	PAN	4	0	4	9.FAITH MWANGORE (8)	PARROT	2	2	4
9.ROGER DINAD (30)	PAN	1	3	4	9.EUNICE MUMBI (26)	PARROT	1	3	4
11.ALFRED TABUKE (66)	PARROT	2	1	3	9.BRENDA MORAA (3)	PARROT	3	1	4
					9.SUBURA ZULAIKA (22)	PAN	2	2	4
					9.NYUMAA JOY (28)	PAN	3	1	4
					9.DUHOREDUSENG (27)	CEZAR	2	2	4



PLWC NEWS - Peace Lacrosse the World Campaign

PLWC Scholarship
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North Brookfield, MA. 01535
plwc.dl@gmail.com

Dear Reader,

April 14, 2026

We hope you have enjoyed the third edition of PLWC-NEWS.

The stories that are emerging as lacrosse develops in East Africa are vibrant and compelling and while we can only offer a “taste” of what is happening in East Africa, we hope it wets your appetite to learn more. God has been good and we hope you feel blessed by being part of the Peace Lacrosse the World Campaign.

We also hope you can become familiar with many of the entrepreneurial leaders in East Africa as well as around the world who are contributing to helping us make the work better through the game of lacrosse.

The Peace Lacrosse the World Campaign operates as a volunteer based ministry of the Libby Mission, a Massachusetts registered and based church planting mission, ministry and charity. The voluntary collection of people, organizations, teams, clubs, ministries and resources is developing peace in the world through developing the activity and community of lacrosse.

By supporting the efforts involved in developing lacrosse in East Africa, especially through the PLWC Scholarship fund, which is a dedicated program and account supporting the Youth Academies of East Africa, the PLWC East African Travel Program, the PLWC Advanced Scholarships to US schools, Entrepreneurial initiatives in East Africa and Acclimation needs in the US as well as in East Africa, we are creating positive impacts in the US, East Africa and in the global communities and economies.

The successful PLWC Peace Games event in December and January of 2025/26 has opened up a new door and way forward for the East African lacrosse community to be better connected with and supported by the global lacrosse community and friends who want to make a lasting difference in the world.

As we move into the next steps of developing both a PLWC Foundation and PLWC Endowment this next year, and as we expand the funding needs for these efforts, we will first need both US based as well as global lacrosse community partners who are willing to help us make lacrosse in East Africa both a vibrant success as well as economically sustainable.

We, as the PLWC, would like to invite you to consider helping by sharing your time, talents and treasures, as God makes it possible, to help us make a difference with the youth in the world through the PLWC.

Please reach out by email (plwc.dl@gmail.com) or by phone or Whatsapp (508-615-3071) if you are someone who might be willing to help us build “Peace Lacrosse the World”... together and if you especially can support East Africa’s youth as they build the values and community of Christ and lacrosse.